

PROOF OF THE SPIRIT SERIES

PEACE

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God's Peace

- Carrying truth in a time when truth is not well received brings fear to those that are not filled with God's Spirit. But real proof of God's indwelling is the peace that comes when you share truth. The ability to stare opposition in the eye and not blink means that God's peace is ruling your heart. *Rom. 10:15 And how shall they preach, except they be sent? as it is written, How beautiful are the feet of them that preach the gospel of peace, and bring glad tidings of good things! Eph. 6:15 And your feet shod with the preparation of the gospel of peace;*
- Making Godly decisions in the time we live in requires the peace of God. This is why Christ left us peace as the Comforter so that we will not be troubled by what comes against us. But when we go our own way, against the plan of God, we forfeit His peace. *Prov. 14:12 There is a way which seemeth right unto a man, but the end thereof are the ways of death.*
- If His peace comes by His Spirit, then it must guide us just as He guided His disciples when He was present on earth. The comforter is merely a replacement for the physical Christ that walked among the people. The disciples knew exactly where to go and what to do because they had the physical Christ there to guide them.
- Well, He left His Spirit to guide us and that's what being filled is all about. So that we can be guided through this life and show the fruits of direction. *John 14:26 But the Comforter, which is the Holy Ghost, whom the Father will send in my name, he shall teach you all things, and bring all things to your remembrance, whatsoever I have said unto you. But how can we exhibit peace if we aren't following His way?*



Anxiety

- When we go our own way, it births the opposite of peace, which is Anxiety. There are many Christians suffering from anxiety, panic attacks, insomnia, etc. and all these things are contrary to the peace of God.
- We panic when we don't base our decisions on the guiding of God's Spirit. *Is. 26:3 Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee. We have anxiety when we take on the weight of things we cannot control or change. Racing thoughts, rapid heart beats, and fatigue all occur when we have taken control of our own way and allowed the works of the flesh to torment us. Whether from our past or things we are presently doing, some way, we are not yielding it all to God and we are trusting our own ability. John 14:27 Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid.*
 - Man was created for God and woman for man. When man stays away from the source he was created for, he will get sick. When woman stays away from the purpose of her creation, she will get sick. When we oppose the creation roles, we add issues to our bodies and minds.
- The main reason our world is suffering from panic attacks, anxiety, etc. is because we have chosen our own plan instead of God's plan. So, while we are speaking in tongues and prophesying, we are taking medication and sorcery to ease our minds because we do not possess the true evidence of the Holy Ghost which is PEACE. *Phil. 4:7 And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus.*

Troubled Hearts

Hypertension is another bi-product of not having peace. When we make decisions that alter the plan of God for us, or we accept a pathway that leads us from our creation roles, we carry things we are not equipped physically to handle. *1 Cor. 14:33 For God is not the author of confusion, but of peace, as in all churches of the saints.*

Over eating, low esteem, false identities, etc all weigh on our health and our eating habits will reflect how we feel about ourselves. When we are overloaded with cares and worries, we will eat for comfort. When we find ourselves living to please others and not God, we will worry about what others think and fight to please everyone else. All these things harm our bodies and cause us to forfeit the peace of God. *2 Tim. 2:4 And as Christ's soldier, do not let yourself become tied up in the affairs of this life, for then you cannot satisfy the one who has enlisted you in his army.*

God's peace only works when we cast our cares upon Him and let go of the cares of this world. *1 Pet. 5:6 Humble yourselves therefore under the mighty hand of God, that he may exalt you in due time: Casting all your care upon him; for he careth for you.*

We cannot allow society, friends, family, etc. to dictate our lives and the plan for our lives. We must allow God to do this so that we can have His peace. With His way, comes His peace. *Col. 3:15 And let the peace of God rule in your hearts, to the which also ye are called in one body; and be ye thankful.*

Summary

We as believers should be a light to this dark world. But how can they see our light when we are suffering from the same issues they are suffering from? When we are taking drugs for anxiety, panic attacks, insomnia, etc, then we are suggesting that we do not have the peace of God ruling our heart. Jesus said that His spirit will comfort us, so we should not allow our hearts (minds) to be troubled! That's exactly what anxiety is. A troubled heart! We must ask God for His Spirit to fill us with the evidence of spiritual fruit, so that we can have His peace ruling our hearts and minds.

Matt. 11:28 Come unto me, all ye that labour and are heavy laden, and I will give you rest. Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls. For my yoke is easy, and my burden is light.

